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An Application Of Machine Learning Methods To The Derivation Of Exposure-Response Curves For Respiratory Outcomes

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An Application Of Machine Learning Methods To The Derivation Of Exposure-Response Curves For Respiratory Outcomes

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Abstract

Analyses of epidemiological studies of the association between short-term changes in air pollution and health outcomes have not sufficiently discussed the degree to which the statistical models chosen for these analyses reflect what is actually known about the true data-generating distribution. We present a method to estimate population-level ambient air pollution (NO2) exposure-health (wheeze in children with asthma) response functions that is not dependent on assumptions about the data-generating function that underlies the observed data and which focuses on a specific scientific parameter of interest (the marginal adjusted association of exposure on probability of wheeze, over a grid of possible exposure values). We show that this approach provides a more nuanced summary of the data than more typical statistical methods used in air pollution epidemiology and epidemiological studies in general.

Introduction

Quantitative estimates of the effects of ambient air pollutants on human health are derived almost exclusively from epidemiological studies. A voluminous literature has been generated to provide estimates of the impacts of short and long-term exposures. Time series studies have been the mainstay for assessment of short-term associations $([1],[2],[3],[4],[5],[6])$, and cohort and cross-sectional studies provide estimates of associations related to exposures over the course of years $([7],[8],[9])$.

In addition to emission source strengths, ambient air pollutant concentrations are highly dependent on seasonal characteristics of meteorological factors (e.g. temperature, humidity, depth of mixing layer, etc. ([10])). Similar factors affect a broad range of health and physiological outcomes (e.g. heart attacks, respiratory illnesses, hospitalizations for a variety of diseases) $([11],[12],[13],[14])$. Consequently, considerable attention has been paid to the control of these temporal, potentially confounding factors, in particular, meteorological variables $([15],[16],[17])$.

In contrast to the attention paid to the functional forms of the confounders, much less work has been carried out in defining the exposure-response relation between pollutants and outcomes. Most studies have used either parametric or semi-parametric models, with the latter often still constrained by strong assumptions, like additivity of the risk factors. Some have parameterized the exposure coefficient as a single linear term, as unconstrained or constrained lag functions in time series, or as simple linear terms in chronic exposure studies ([18],[19],[20],[21],[1],[17]). While efforts have been made to characterize the shapes of the exposure-response associations, most study's analyses have been carried out within the framework of a single class of models, thus making potentially strong assumptions of the joint functional form of confounders and the exposure variable $([22],[23])$. Characterizations of the functional form of the exposure-response relation have used linear models, parametric threshold models ([24],[25]), polynomials ([26]), natural cubic splines ([22],[5]), penalized

splines ([8]), or have been implied by comparison of a linear model with and without a truncated distribution of exposure at a specific "threshold" value ([20]).

A related issue concerns the type of parameter typically estimated by existing studies. Specifically, given the estimates are simply direct byproducts of the models used, estimates from most time series and cohort analyses are so-called conditional estimates, i.e., the interpretation of the coefficient(s) in front of the air pollution term (or the "smoothed" exposureresponse") is conditional on fixing the other covariates in the model. Interpretation of this "conditional" association becomes problematic in the almost-certain case that those highly constrained models are misspecified. Generally, this fact is ignored and the coefficient(s) are treated as if they were marginal (in terms of being averaged association over the entire population distribution of covariates/confounders, such as the average treatment effect), the one exception being the type of Bayesian Model Averaging (BMA) used by Schwartz, et al. ([8]). This has serious consequences when relative risk/hazard (or relative odds) are treated as if they were true population expected values ([27]) and are then incorporated into risk assessments to estimate population burden ([28],[29]) or to estimate change in population burden with changes in air pollutant concentrations over time ([31],[32]).

This paper addressed these issues simultaneously, in that 1) we discuss estimation of the model of the outcome given an air pollutant in a very "big" regression model, meaning one that assumes very little about the exposure-response, or statistical interactions, for instance, and 2) defines an estimator that does not depend on the form of the regression model, and leverages this fit to estimate a parameter with a direct public health interpretation: a marginally adjusted risk of health outcomes. Specifically, we describe the use of Super Learner (SL) - a cross-validation based, ensemble-learner approach to prediction, that casts a very large net for fitting models, without over-fitting them. We apply this approach to obtain estimates of the daily probability of wheezing had the entire population of children in the Fresno Asthmatic Children's Environment Study (FACES) been exposed to specific

levels of $NO₂$ (two days prior to measuring wheezing) conditional on a high-dimensional vector of assumed confounders. We discuss a straightforward use of Super Learner (SL) for estimating the standardized, marginal risk of wheezing over a grid of potential values for $NO₂$ (a method equivalent to the G-computation approach of Robins ([30])). Under (strong) causal assumptions of conditional exchangeability, consistency, and positivity, these treatment-level specific standardized risks may be interpreted causally- specifically as the probability of wheeze on a given day had $NO₂$ two days before been set to that particular exposure level. This example shows that the method we propose does as well as the typically used parametric approach.

Materials and Methods

The approach we present derives from two majors issues, which are distinct but important components of research in causal inference. First, we want to be able to model the datagenerating distribution, i.e., the system that produced the FACES data, constraining our model only by information we actually have. Specifically, we have an idea of the process that produces the health outcomes (wheeze) via exposure $(NO₂)$ and covariates (Table 1), but one rarely, if ever, has firm theoretical justification for the multivariate (confounders+variable of interest) response of the outcome of interest. Optimally, one would define the estimating model to be one that follows only the known constraints of the mechanism by which the data is generated, which are typically minimal, or a nearly nonparametric models. However, given the so-called 'curse of dimensionality', nonparametric estimation is impossible (in reasonable sample sizes, there is rarely enough observations in every unique group defined by the predictor variables to get a reasonable estimate of the mean within such groups), so some compromise must be made, and that compromise is estimation in a large semi-parametric model. Thus, instead of a compromise that is based on an arbitrary model, we discuss below a data-adaptive method (SL) that finds the "best" model in a huge class of potential models.

Because the model is unknown, putting constraints on it in order to get it to return an interpretable estimated parameter must lead to bias of unknown magnitude. However, SL returns a regression with no such convenient form (nor should it), so one needs estimates of a parameter of interest that is simple and meaningful to interpret, but is not tied to a specific model. Thus, we estimate parameters (standardized risks) that do not rely on the statistical specification of a particular parametric or semi-parametric model, but instead rely on specific questions (e.g., how many children would wheeze on average if they all experienced a particular value of $NO₂$).

Data

The data come from the Fresno Asthmatic Children's Environment Study (FACES) ([43]). The goal of this study was to examine the effects of air pollution on children with asthma. Briefly, a convenience sample of children with asthma was recruited between 2000 and 2005, and data collection ran from 2000 to 2008 ([44]). Eligibility criteria were ages 6-11 at the start of the study, a physician's diagnosis of asthma, having active asthma (indicated by use of asthma medication, asthma symptoms, or asthma-related healthcare utilization), living in their primary residence for at least 3 months prior to enrollment in the study and no plans to move for the next 2 years, living within 20 km of the US Environmental Protection Agency (EPA) air quality monitoring site located in Fresno, CA, and no physical or mental conditions that could impair completion of the study protocol ([45]).

We define the unit of observation as the child, i, who has measurements of variables on each day, j, including their outcome Y_{ij} , as well as time-dependent exposure, A_{ij} , and a vector of adjustment variables, W_{ij} . For each child there is also a missing indicator for the outcome, Δ_{ij} . Thus we observe i.i.d. occurrences of $O_i = (\Delta_i, \Delta_i Y_i, A_i, W_i)$, where, for example, $A_i = (A_{i1}, A_{i2}, ..., A_{im})$. We focused on estimating the relationship between the probability of wheezing for each child (binary outcome), and exposure to $NO₂$ (measured

in ppb), (a continuous exposure), while controlling for a number of covariates. During each panel day, the presence or absence of wheeze was recorded between 6 and 9 AM and responses to questions were programmed into the portable spirometer ("Did you wheeze after bedtime?"). $NO₂$ data were collected from a central site monitor in Fresno, CA, and exposures were assigned for each child on the day the measurement was taken. Thus, all children received the same air pollutant exposure assignment, if they were in the same twoweek panel. To account for a temporal relationship between $NO₂$ and wheeze, lags and moving averages were created for days 1 through 14 prior to the outcome assessment. To illustrate our method, we focus only on lag one of $NO₂$ in our analysis $(NO₂$ measured in the 48 hour period before the test). Covariates included those measured at baseline, at each 6-month or annual field office visit, and environmental covariates such as temperature (Table 1). Thee confounders were chosen and justified in a previous paper ([44]. There were a total of 15252 observations with non-missing outcomes among 280 children.

Statistical Methodology

Parameter of Interest

Our parameter of interest, is the marginally adjusted association of exposure $(NO₂)$ on probability of wheeze, adjusting for a large set of confounding variables, or explicitly, over a grid of possible exposure values, a:

$$
\theta(a) \equiv E_W \left[E(Y | (A = a, W) \right]
$$

If the assumptions of positivity and experimental treatment assignment hold, this parameter is equal to $E_W(Q_0(a, W))$, where $Q_0(a, W)$ is the true conditional expectation function. In other words, we want the estimated mean, over the observed distribution of the W in our population (covariates measured over all children, all days in our study). If we knew the true conditional mean $(Q_0(a, W))$, and could replace the observed values of exposure over

time and children (the A) to a single value, a, we could examine this value (say via a plot) over a grid, from relatively low to high values of fixed exposure, a, or $\hat{\theta}(a)$ vs a.

Without further assumptions, this is a reasonable way to get a standardized risk, but it has an even more appealing interpretation under stronger assumptions: $\theta(a) = E_W(Y(a))$. This is is an estimate of one-day lagged marginal probability of wheezing for every day of the study for all subject had $NO_2 = a$, $P(Y(a) = 1)$, where $Y(a)$ represents the outcome for a particular subject on a particular day if he had, contrary to fact, been exposed to level a of $NO₂$ two days previously.

Estimation Procedure

First, we need an estimate of the regression $Q_0(A, W)$, and as discussed above, we have the challenge of many covariates (high dimensional data), but in a huge statistical model. We use the Super Learner (SL), an ensemble, machine-learning algorithm ([41]), which allows for the simultaneous evaluation (by cross-validation) of a library of plausible model algorithms (including potentially the investigators' a priori chosen model) to determine which of the models are most appropriate for the data, based on minimizing a least squares loss function, and then averages over these chosen models to produce a composite model. This process makes few assumptions about the relation between wheeze and the joint distribution of NO² and confounders. The SL performs asymptotically as well (in terms of expected risk difference) as the oracle estimator (the estimator that comes closest to the truth if it were known), up to a second order term. While the number of learning algorithms considered by SL is polynomial in sample size, the SL is relatively optimal because it converges to the oracle selector if none of its candidate learners (and oracle estimator) converges at a parametric rate. If one of the parametric candidate learners is actually the true model, however, and thus converges at a parametric rate, the SL will converge at almost the parametric rate of $\log n/n$ ([41]). Thus the SL theory encourages the use of a very large number of possible learning algorithms with very little penalty if the true model is one of the simple, parametric models contained in the set of learners.

We use a simple substitution estimator, sometimes called the G-computation algorithm ([30]) in the context of point treatments (that is, we are not treating every day as a serial cross-sectional study) and our estimating model, $Q(a, W)$ equals the true model, $Q_0(a, W)$, assuming our assumption of positivity holds. Our estimator is

$$
\hat{\theta}(a) = \frac{1}{N} \sum_{i=1}^{n} \sum_{j=1}^{m} \hat{Q}(a, W_{ij}),
$$

and can be obtained by first setting A to values a in the estimated model $Q(a, W_{ij})$ for each child, while keeping their covariates at their observed values. Then these estimates would be averaged over all children for each level of a. Note that we are assuming that we can extrapolate our SL curve to estimate $\hat{\theta}(a)$ even for those children who may never have experienced the set exposure level. However we did test for positivity (the amount of extrapolation) and found no significant violations ([55]). Also note that we predicted outcomes for all observations that a child was supposed to have had, even if they were originally missing a panel day. Thus we were predicting for 32189 observations rather than 15252.

For comparison, we also plugged in averages of covariates into our SL fit to predict outcomes. Thus we were calculating $E(Y|A = a, W = \bar{w})$ over a grid of a. This would mimic the typical way of generating an "adjusted" curve.

We also fit unadjusted models, i.e., models with only $NO₂$ as a predictor of the outcome, using the SL and a main-terms only generalized additive model (GAM) with a spline option and 4 degrees of freedom, the last because it has been frequently used in time series analyses of associations between daily changes in air pollution and a variety of health effects.

The R ([49]) package SuperLearner ([41]) were used to run the SL machine learning algorithm. arch Archive Since the dataset consisted of repeated measures on each child, an "ID" variable was used to make sure that the V-fold cross-validation splits kept observations from the same individuals in the same split. The binomial family was also specified for both the SuperLearner and GAM models.

To handle missing covariate, W_{ij} , we redefined the data to include δ_{ij} and $\delta_{ij}W_{ij}$, where $\delta_{ij} = 1$ if the covariate was observed and 0 otherwise. The SL library contained a generalized additive model (GAM) ([50]), a GAM with 3 degrees of freedom, generalized linear models (GLM) ([51]), neural networks (NNET) ([52]), NNET with tuning parameter set to 3, GLMNET, and the GAM with spline model with $NO₂$ as the only predictor and four degrees of freedom as candidate learners (Table 4). These learning algorithms were chosen because they vary in the way they perform model selection. Specifically, when these are combined they have the potential for and the flexibility with which they can fit a regression, but as well contain learners that are highly parametric (single regression) if such models are better fits. Additional tuning parameters for the SL were the number of folds in V-fold cross-validation, set to 5, and a loss function, which was the non-negative least squares loss function.

Since the model for the average outcome, given observed exposures and confounders, was estimated data-adaptively based on a (nearly) unspecified (semi-parametric) model, asymptotically this method should converge, as sample size grows, to a consistent estimate of $\theta(a)$ and, thus, the true exposure-response curve.

Note that given our model is (nearly) non-parametric, our estimator is not an asymptotically linear estimator ([46]), and we cannot rely on the asymptotic normality of the pointwise estimates, $\hat{\theta}(a)$, over a grid on a. However, we can calculate uncertainty intervals akin to pointwise confidence intervals (CIs) at each exposure level using the nonparametric bootstrap procedure ([53]). Because we had repeated measures data, and the children were assigned randomly to the seasonal, 14-day panels, we performed a "clustered" bootstrap with the children as the cluster ([54]). We refit the model for $Q(A, W)$, using the SL algorithm on each sampled dataset and used each fit of the model to make predictions on the bootstrap samples. The substitution estimator of the G-computation formula was then used to recalculate the exposure-response curve for the range of $NO₂$ observed in the data. The 2.5th and 97.5th percentile of the bootstrap distribution were selected at each level of $NO₂$ to obtain 95% confidence intervals. Note we can also predict Y 's for subjects over each of the panels in which they were enrolled in the study, as we still observe the $A_{ij} = a, W_{ij}$ and thus we average over the entire complete data. This implicitly assumes that the data are missing at random (MAR) ([59]).

We also calculated the 95% confidence interval for the difference between the estimator at NO₂ levels of 35 and and 5 (an estimate of $E_w\{Q(35, W) - Q(5, W)\}\)$ as well as the relative risk (an estimate of $E_w\{Q(35, W)/Q(5, W)\}\)$ to see whether there was a significant difference in the prediction between these two levels.

To see how well our models were predicting we split our data into 10 groups and ran SL and GAM on each group separately, while predicting on the remaining groups. We then plotted ROC curves based on these cross-validated predictions, to get an unbiased estimate of performance.

Results

Descriptive statistics for Y , A , and 36 covariates are in Table 2. Figures 1a-1b present the estimated unadjusted curves for predicted probability of wheeze for GAM with spline and SL.

The red line in Figure 2 displays the estimate of the marginal exposure-response curve obtained from GAM with a smoothing spline. Its shape is similar to the equivalent unadjusted curve based on GAM (essentially a bivariate smoothing spline).

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Of all the candidate learners considered in the SL algorithm, only two were given a non-

zero weight in the final model (weights must sum to one). The weights for these learners were: 0.74 for the GAM with spline model and 0.26 for the GLM model. It is interesting to note that most of the weight in the SL was given to the preferred model used in air pollution research. However, note that our model indicates that the relative difference is approximately linear, not the relative risk. The estimated marginal exposure-response curve obtained from the SL is in (Figure 2, black line). This curve is relatively flat over the range of the observed $NO₂$. The scale of probabilities on the vertical axis indicates that this curve shows is steeper than from the adjusted GAM. We note that the confidence intervals from the GAM model are narrower than the ones from SL, which is what one would expect if the best choice (the oracle selector ([41])) was in fact GAM However, as one can see, there is little loss in precision in the SL, even with a much bigger model, as the oracle inequality predicts.

The estimate of $E_w\{Q(35, W) - Q(5, W)\}$ for the SL was 0.067 and the 95% confidence limits were (0.032, 0.094). The estimate for GAM was 0.043 and the 95% confidence interval was $(0.011, 0.082)$. Thus, the SL estimate is 50% larger than the one from GAM, though both indicate a significant change for higher $NO₂$ vs. a lower exposure.

The estimate of $E_w\{Q(35, W)/Q(5, W)\}\)$ for the SL was 1.53 and the 95% confidence limits were (1.27, 1.98). The estimate for GAM was 1.30 and the 95% confidence interval was $(1.07, 1.65).$

Finally, we show the ROC curves (Figure 3) of the cross-validated predictors based on GAM and SL and see that neither algorithm predicts wheezing very accurately.

Discussion

Epidemiological studies of the association between short-term changes in air pollution and esearch Archive health outcomes have not generally discussed the degree to which the statistical models chosen for analyses of exposure-response functions reflect what is actually known about the true underlying data-generating distribution. Many analyses have applied statistical models without first carefully focusing on the scientific parameter of interest - increase in health outcome per unit of increased exposure. Emphasis has been on relative changes in outcome or survival rather than on direct estimates of this parameter. The emphasis on relative changes has a long history derived from Cornfield ([56]); the consequence is that absolute estimates of disease burden have not been used as much as they might have been. The relative association (effect) parameter is often simply a byproduct of a statistical procedure, such as Poisson regression, not chosen a priori to directly address the scientific question of interest, which is to estimate an exposure-response function from which one can derive an estimate of health hazard for a given level of exposure. Such models provide only relative estimates of hazard without any regard to the actual underlying ("baseline") risk, which is of importance in and of itself. Finally, estimation has often been done under the implicit assumption that much more is known about the data-generating distribution than can actually be supported by previous work or theory. The approach we employed defines a parameter of interest to environmental epidemiologists– an adjusted, marginal exposure-response curve; it does not presume knowledge of the true data-generating distribution (i.e., the model is semiparametric) and we can derive standardized risk and/or relative risk estimates from it.

Results based on a composite model derived from a library of different model-fitting algorithms showed an exposure-response function for ambient $NO₂$ concentrations in the 48 hours prior to assessment of wheeze status in a group of children with asthma that is most consistent with no threshold (Figure 2).

The results (estimates and inference) from our SL approach were not very different from those of the approach using a smaller statistical model (GAM). This fact might seem to be an advertisement for simpler methods. However, because it is never known a priori what the functional regression form is, we are only able to know this in hindsight. In this case, estimation with the SL and the resulting inference is consistent with the lack of a priori knowledge about the statistical model. The fact that the oracle inequality states the potential gain in accuracy by using SL with a large library, and the relatively low cost of fitting a big model even when a simpler model is "true", one essentially gets to have their cake and eat it too. This is underscored by the similar range of the 95% CI comparing estimates of the population-level change in probability of wheezing comparing high to low levels of exposure.

We have not provided a complete analysis of the response functions for various lags or types of moving averages. Instead, we have focused on the shape of the curve and its interpretation relative to other methods. In addition, we used data from a fixed central site monitor to define exposure, which we acknowledge would not be the optimal method if the goal were to focus specifically on the relation of the exposure and wheeze in our population, which would require individual-level measurements of $NO₂$ for each child. Individual-level exposure estimates are available to us and will be used in analyses focused on specific health outcomes.

In summary, we present a method to estimate population-level ambient air pollution exposureresponse functions that are not dependent on assumptions about the underlying datagenerating distribution, which focuses on a specific scientific parameter of interest (risk difference), and which, from a theoretical standpoint, asymptotically provides an estimator that is optimal with respect to variance and bias given a large library of learners.

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Table 1: Table of Covariates used in the FACES data analysis

^b not beta-agonists or inhaled steroids

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Table 2: Descriptive statistics of the variables in the FACEs dataset

^a 1 indicates yes/present, 0 indicates no/absent

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Table 3: SuperLearner Candidate Algorithms

Figures

A: Estimated Unadjusted Exposure Response Curve from GAM

Figure 1: a) Estimated unadjusted marginal exposure-response curve and CIs obtained using GAM with a spline model with 4 df.

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B: Est. Unadjusted Exposure Response Curve from SL

Figure 1: b) Estimated unadjusted marginal exposure-response curve and CIs obtained using SL. The horizontal axis is based on the $NO₂$ distribution observed in the data. The blue bars on the horizontal axis indicate actual NO₂ levels that were observed. The vertical axis is the predicted probability of wheezing. The red lines are 95% confidence limits.

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Est. Adj Exposure Response Curves

Figure 2: Estimated adjusted marginal exposure-response curve and CIs from SL and GAM. The range of the horizontal axis on this graph is based on the NO₂ distribution observed in the data. The blue bars on the horizontal axis indicate actual $NO₂$ levels that were observed. The vertical axis is the predicted probability of wheezing. The red lines are 95% confidence limits.

ROC Curves for GAM and SuperLearner

Figure 3: ROC curves of the cross-validated predictors based on GAM and SL. The black diagonal line indicates a predictor that does no better than chance.

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